

Sensory Tray

This sensory table activity encourages children to explore their senses using objects they will find in Orkney's natural environment.

You will need:

A messy play tray.

Objects with interesting textures such as seashells.

Objects with interesting smells such as wild garlic.

Magnifying glasses.

Large print sense cards to display nearby and encourage conversation.

What to do:

Place objects in the tough tray and the large print sense cards on walls or surfaces nearby

Encourage conversation around the tray in small groups talking about what we can see, feel, hear etc.

After the whole class have looked at the items in a group, change some of the items and place messy play tray as a free explore space that children can